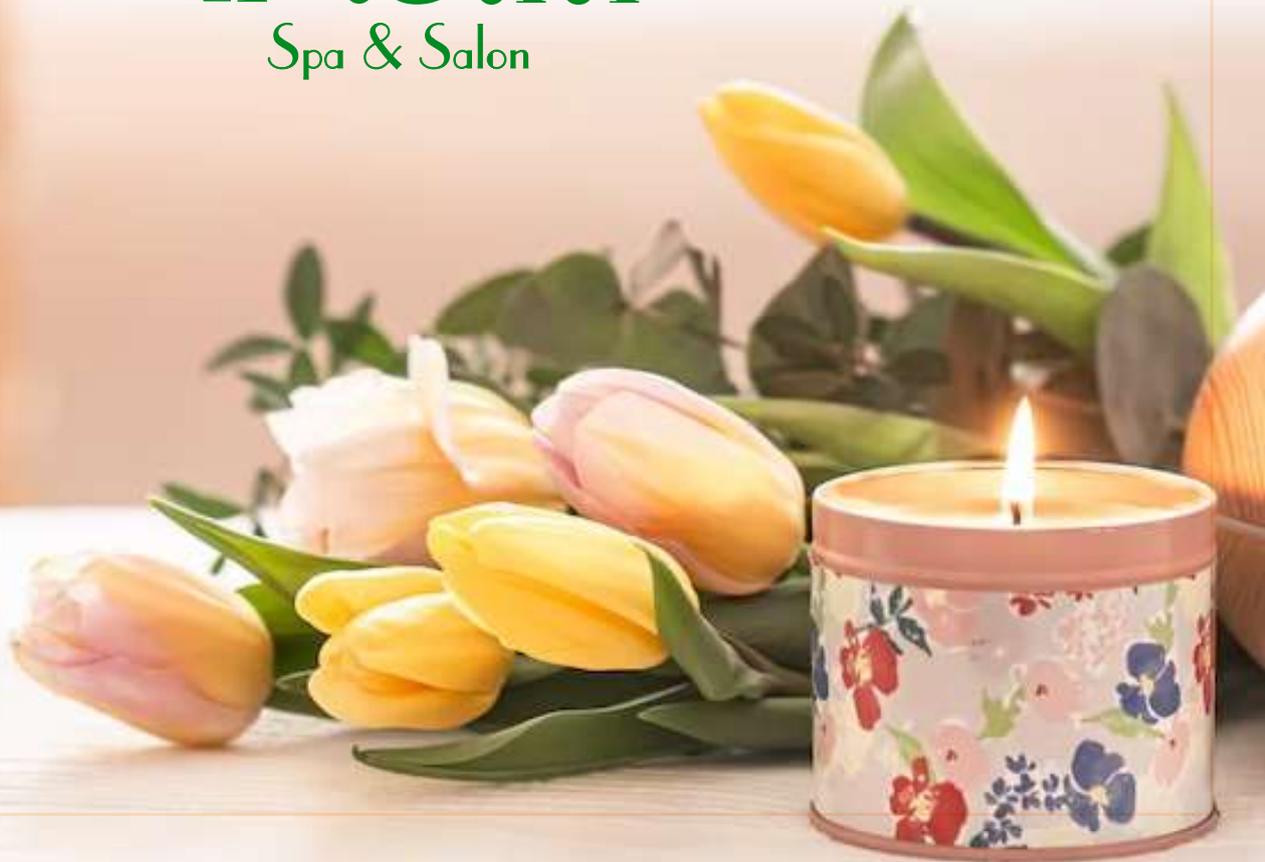




# Thulir

Spa & Salon





  
**Thulir**  
Spa & Salon

## You Deserve A Spa Day!

At Thulir Wellness Studio in Chennai, we are passionate about offering the best services to pamper you.

This is your time to unwind and relax. It's your time to treat yourself to a rare and cherished moment of relaxation. It's the time that you owe to yourself for all of the hard work and challenges you continue to face week-after-week.

Whereas our hand and leg exfoliations make your limbs look even prettier, our different kinds of facials promote anti-ageing benefits and give you radiant skin. Our body scrub and wrap improve circulation and leave you feeling healthier than before. Our body massages relieve you of all kinds of body aches and pains. We provide many types of specialized body massages for different requirements and this has given us the title of the best body massage spa in Chennai. We are a professional group providing our customer base exclusive massages and healing which provides relaxation along with Salon services to enhance your beauty. Visit us for a body massage to rejuvenate your senses at our Thulir Wellness Studio.

Go on, it's time to finally award yourself the spa treatment you've deserved for too long. Not sure where to start? Contact us today to learn more about the many treatments we offer!



## Swedish Massage:

Boost your energy levels and re-energize your body with the classic Swedish massage that uses a rejuvenating seasonal blend of oils to provide a firm and deeply relaxing and healing experience. We recommend it for its effectiveness in relieving muscle soreness and stimulating overall blood circulation.

50 minutes | ₹ 3000

90 minutes | ₹ 4000

## Deep Tissue Massage:

The massage releases chronic muscle tension from the deeper layers of the muscle tissue greatly enhancing blood circulation.

50 minutes | ₹ 3000

90 minutes | ₹ 4000

## Aroma Therapy:

Aromatherapy has been used for centuries. When inhaled, the scent molecules in essential oils travel from the olfactory nerves directly to the brain and especially impact the amygdala, the emotional center of the brain.

50 minutes | ₹ 3000

90 minutes | ₹ 4000

## Balinese Massage:

The traditional Balinese massage is a continuum of relaxing acupressure, skin rolling and firm, smooth strokes along specific energy channels. It guarantees to re-awaken your inner self and evoke calm by releasing energy blockages and restoring smooth flow of energy.

50 minutes | ₹ 3000

90 minutes | ₹ 4000

## Thai Yoga Massage:

Thai massage traces its origins from Northern India dating back some 7,500 years. This is a 60/90 minute massage that included various body manipulation and stretching. It is a perfect massage to energise your tired body. You will experience complete transformation during this massage, which is enjoyed wearing a traditional pyjama.

60 minutes | ₹ 2800

90 minutes | ₹ 3800

\*Price are subject to tax





### **Head neck shoulder:**

A deeply relaxing head massage that releases stress accumulated in the scalp, neck and shoulders leaving behind a feeling of revitalisation to ease muscular pain and tension caused by stress and incorrect sitting posture.

30 minutes | ₹ 1800

### **Back Massage:**

A variety of massage techniques are used to release the knotted muscles across the spine and back thus providing relief from aches and tension.

30 minutes | ₹ 1800

### **Foot Reflexology:**

Reflexology involves massaging the pressure points on your feet which correspond to a part of the body. Specific manipulation and pressure on these points eliminates blockages in the corresponding organs, glands and other parts of the body.

30 minutes | ₹ 1800

\*Price are subject to tax

## **THULIR SIGNATURE TREATMENT: Lomi Lomi Four Hands Massage:**

It is a Hawaiian therapeutic massage. It is performed by two therapists at the same time, which gives unique sensory experience. It is an intense massage, giving a unique feeling of bliss that permeates the body and soul. This massage is performed with the use of an oil and consists of appropriate pressure on specific points and areas of the body and activating all joints one after another by rotating, stretching, shaking, bending and straightening. The therapist strokes us, presses, rubs, strokes, rocks, swings, lifts us, moves our legs and arms. We fall into blissful sleep.

60 minutes | ₹ 5500

90 minutes | ₹ 6500



## **THULIR SIGNATURE PACKAGE:**

(includes full body therapy, scrub, facial)

This massage starts from Head massage, Foot reflexology, Spa Facial, Invigorating exfoliation scrub, followed By our Signature massage and finally a body hydrating pack. Luxurious treatment with multiple masseuse get to attend you. This massage is sure to bring out the total youth in you. A perfect package of pampering, rejuvenating, relaxing and therapeutic massages.

180 minutes | ₹ 8000

## **Romeo and Juliet Couple package:**

During a couple's massage, couples can enjoy the treatment together in the same room, which creates a more intimate and romantic atmosphere. This shared experience can be a great way to bond with your partner and create special memories together. We offer the Best Couple Spa and massage services in various special packages for our ranges.

120 minutes | ₹ 7500

\*Price are subject to tax



## **BODY WORKS:** **Body Scrub:**

Our scrubs have natural moisturizers which gives the skin a silky texture. Let the fingers of our healers and beauticians work magic on your skin. An exfoliated skin absorbs moisturization much better and looks hydrated. We help you in unclogging your pores and getting a healthy skin which is full of vitality and shine. A full body scrub and massage at Thulir will make you fall in love with yourself.

30 – 45 minutes | ₹ 2000

## **Body Wrap:**

Our Body Wraps deliver unbelievable results. As you wrap yourself in the unbelievable goodness of nature's gift you see your stress melting away in its effect and muscles relaxing in its care. The therapeutic body wraps are applied throughout your body that blends compression and cleansing to create a feel, cleaner, supple, refreshed, energized and well-toned once done.

30 – 45 minutes | ₹ 2000

\*Price are subject to tax





## TERMS AND CONDITIONS:

- ❖ Rights of Admission Reserved. All Services Subject to availability  
People under the influence of alcohol are not permitted.
- ❖ Customer should be above 18years old.
- ❖ Please arrive 15 minutes before your appointment so that you will have enough time and begin relaxing.
- ❖ Cancellation of appointments or rescheduling should be at least 2 hours in advance. If not you will be charged fifty percent of the treatment charges for cancellation.
- ❖ If you arrive 20 minutes late to your appointment time and if we have other customers waiting, then we reserve the right to cancel your appointment.
- ❖ All cash/ Member/Discount vouchers have expiry date, serial numbers, and authorised signature for validation.
- ❖ Only one voucher per treatment can be used at a time. Vouchers can be used for only treatments over RS 2500 and above.
- ❖ Members are given membership cards, please bring it during the treatment, it is non transferable. Validity period apply.
- ❖ Please consult your physician if you have any of the following, High Blood pressure, Heart ailments, Surgery, bone or skin problems or any other health conditions which is not suitable for our therapy. Those who have skin diseases are not allowed for body therapy.
- ❖ Taking a massage treatment is the sole discretion of the individual, we don't promise any clinical benefits. Massage is purely an ancient technique for wellbeing.
- ❖ UPI /Cash / Credit /debit card payment to be made before the treatment.
- ❖ Management doesn't take responsibility of the valuables of any of the customers, please make sure you have taken all your belongings when you leave.
- ❖ Thulir management reserves the rights to alter or cancel any of the terms and conditions time to time.



## NOTE FOR CLIENTS

### ❖ What to wear:

Don't worry about your spa outfit! Thulir provides you the perfect set of garments. This includes inner wears / Thai Dress/ Robes.

### ❖ Comfort Check:

We are concerned about your comfort. Be it the room temperature or the level of massage pressure, you can share your preferences to the therapist.

### ❖ Feedback:

If your experience at our spa has not met your expectations, we request you to speak with the manager on duty before leaving the facility.

### ❖ Complaints:

In case of any complaints or queries, you can call or reach us

### ❖ Selection Assistance:

Our menu card helps you to choose the best service. If you would need assistance in choosing a service, we recommend calling the spa directly. A discussion with our spa specialist may help you to choose the right treatment.

### ❖ Products & Offers:

Our aim is to create a memorable spa experience for you. We use top notch products for this and never compromise on quality. Don't forget to avail our new products, services and offers.

Thank you for using our service



